

WORKSHEET

How to Start a Conversation About Bullying?

Adults often do not even know how to start a conversation about violence with children. How can you possibly ask your child if he/she would be able to hit his/her friend? He/she would obviously deny! Therefore, we have prepared a short questionnaire for you (on the next page). Have your child complete it and then talk about the answers together. If your child is too small to manage it on his/her own, explain the question to him/her using your own words.

Thanks to the answers you will learn what your child's opinion on harassing is and if it can predispose him/her to becoming an aggressor. Do not be afraid of this conversation – it is right at this stage when you can do the most as a parent or a caretaker!

WORKSHEET

Your Opinion on Bullying and Cyberbullying

 Questions

Answers: yes, no, perhaps

	YES	NO	PERHAPS
1 It is good fun to control, dominate, or order around other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Using other people (especially weaker ones) for your own purposes is all right and you should not make too much fuss about it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 You should be very courageous and stand up for a friend that is being made fun of	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 Only the individuals who dominate and control the group will gain respect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 Respect within a group may mostly be gained when the others are afraid of us	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 Some people deserve to be mocked, beaten, pushed, and treated badly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 No matter what I do, bullying will take place anyway so why should I create any problems for myself by getting involved	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 I just think it is none of my business when somebody harasses another person, therefore I prefer to stay away from that	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>